

Sam Houston State University

MEMBER THE TEXAS STATE UNIVERSITY SYSTEM

COLLEGE OF OSTEOPATHIC MEDICINE GRADUATE MEDICAL EDUCATION Sam Houston Regional Education Consortium (SHREC)

WELL-BEING, FATIGUE MITIGATION, AND BEHAVIORAL HEALTH (IR II.B.7 and IV.I.I; CPR VI.D)

Origination date:
June 21, 2023

Policy owner:
Graduate Medical Education Administration

Effective date:

Policy contact:
Graduate Medical Education Institutional Coordinator

Last review date:

ACGME Institutional Requirement #:
IR II.B.7 and IV.I.I

SCOPE:

This policy applies to all Accreditation Council of Graduate Medical Education (ACGME) accredited programs...
[REDACTED]

Sam Houston State University College of Osteopathic Medicine (SHSU-COM).

PURPOSE:

COLLEGE OF OSTEOPATHIC MEDICINE
GRADUATE MEDICAL EDUCATION

Sam Houston Regional Education Committee (SHREC)

[REDACTED]

those symptoms in themselves and how to seek appropriate care. SHSU-SOM programs must:
Encourage resident and faculty members to alert the program director, chief residents,
attending or faculty member when they are concerned that another resident, fellow, or

San Houston Regional Education Committee (SHERC)

- Each program, in partnership with its sponsoring institution must ensure adequate sleep facilities and safe transportation options for residents who may be too fatigued to safely return home. The GME Office offers a fatigue mitigation transportation option to help ensure residents arrive home safely when fatigued after work.
 - Reimbursement is available to any resident that elects to use a transportation service (app-based or taxi) to arrive home instead of driving their own vehicle while fatigued, as